



KERNOW CARERS SERVICE

Support for those who care

You may help take care of a loved one, neighbour or friend, without looking upon yourself as a carer but your contribution and commitment is vital and we would like to offer you support through one of our Carers' Forums.

As well as meeting with others in similar situations, you will have an opportunity to raise any issues you may have about your caring role and get free help and advice from a member of our service who will be at the meeting.

You will be warmly welcomed at the meetings, so please come along and find out about the support available to you.

The next meeting of the **Falmouth Carers Forum**

will be held in The Council Chamber,
Municipal Buildings, The Moor, Falmouth TR11 2RT
on
Tuesday 26 March 2019 from 2.00 pm to 4.00 pm

For further information please contact:

Chris Watkin, Forum Administrator

Cornwall Rural Community Charity, 2 Princes Street, Truro, Cornwall, TR1 2ES

Telephone: 01872 243531 or e-mail: chris.watkin@cornwallrcc.org.uk