



# Watching and Waiting

## A Painting & Prayer Retreat

Led by Liz Millward & Revd. Roger Clifton from  
the Creative Arts Retreat Movement (CARM)

**Monday 24th—Friday 28th September 2018**

Suitable for all levels of ability, from beginner to more experienced artists. The retreat includes one-to-one painting tuition focused on working with oil and acrylic paints; spiritual accompaniment; and plenty of free time for painting, prayer and relaxation. For more information or to book your place, tel. 01872 272249 or email [info@epiphanyhouse.co.uk](mailto:info@epiphanyhouse.co.uk) by Monday 20th August.

Epiphany House, Truro, TR1 3DR.  
[www.epiphanyhouse.co.uk](http://www.epiphanyhouse.co.uk)

  
**Epiphany House**



## What happens on a painting & prayer retreat?

Come prepared to relax, to go deeper with God, to paint, to explore... Take another step on your creative and spiritual journey, alongside like-minded people. Each day begins and ends with a short service of worship and there will be opportunities throughout the retreat for spiritual accompaniment. There will be input and help for your artwork, but also plenty of free time for painting and reflection. Some art materials will be available but you may prefer to bring your own.

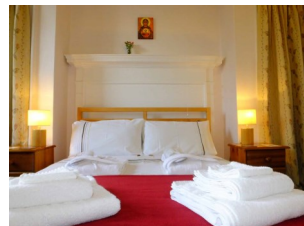
## Retreat leaders

**Liz Millward** has loved painting all her life and loves to share her knowledge with other people. "It is one of the most creative things a person can do." Other interests include theatre, tap dancing and laughing.

**Canon Roger Clifton**, after starting life as a chartered accountant, spent thirty five years in Anglican parish ministry. His final post was as team rector of a market town and its surrounding villages in Wiltshire, before he retired to Bath in 2010. He has been involved with CARM since its earliest days, and his interests include painting, cycling and mountain walking.

## Retreat at Epiphany House

Smaller than some retreat centres with just 13 guest bedrooms, Epiphany House is an historic, comfortable and peaceful house set in lovely gardens. Each bedroom has a hand basin and is close to bathroom facilities (bathrobes are provided). Our catering team enjoy a well-deserved reputation for good food and all meals will be freshly prepared in-house.



## Arrival & departure

The retreat begins at 10am on Monday 24th September and will conclude on Friday 28th September at 4pm. You are welcome to extend your stay at the House before or after the retreat at a discounted rate of £38 per person per night. Please arrange this when you book. The house has plenty of free parking and is easily accessible from Truro city centre and the railway station.

## Booking

Please book by Monday 20th August to ensure your place. The cost of the retreat is £335. We have a bursary fund which may cover part of the cost for those in financial need who would otherwise not be able to come on residential retreat. For further enquiries or to book, please contact the office: email [info@epiphanyhouse.co.uk](mailto:info@epiphanyhouse.co.uk) or tel. 01872 272249.

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