

## **Basic Drug Awareness Training Course 2018 - 19 Overview**

This course is for anyone who wishes to increase their understanding and awareness of illegal drug use.

Understanding the effects of a range of commonly used substances, and the context in which drug use takes place can help us to respond in a way that reduces risk, has a positive impact on the lives of drug users, their families and the communities in which they live and work.

### **Course Aims**

Following completion of this day, you will be able to achieve the following learning outcomes:

- Increased understanding of commonly used drugs, their effects and relative harms.
- To distinguish the relative risks and problems associated with drug use and the most effective responses.
- Clarify what tolerance, withdrawal, addiction and dependency mean
- Explore how people change and how this relates to a clear understanding of recovery.

This course has been mapped to the Drugs and Alcohol National Occupational Standards (DANOS) in Skills for Health and Social Care.

It helps people to develop their knowledge, skills and competence in the following DANOS units:

- AA1, AB2, AB5, AC1, AD1

### **Trainers**

**Kim Hager** has worked in the drugs field for over 30 years as a frontline practitioner, manager, trainer and consultant in community and prison settings in the UK and abroad. She has been a member of the Government's Advisory Council on the Misuse of Drugs and is currently the Joint Commissioning Manager with the Cornwall & Isles of Scilly Drug and Alcohol Action Team.

**Richard Evans** has worked as a frontline practitioner, trainer and manager for over 20 years, covering all aspects of substance misuse work both in the community and in rehab units in England and Wales. He has gained degrees in behavioural science and psychology (post graduate) and has a special interest in working with dual diagnosis.