

*“Seek the Lord while he may be found,
call upon him while he is near”*
Is 55,6

The Sacrament of the Present Moment

Quiet Day
Sclerder Abbey
27th February 2019



A quiet day is an opportunity to open our hearts to the Word of God. We will take time to meditate on how we can look for and find God in every moment of our life. Each moment is like sacrament where God communicates His presence and His love to us.



Timetable

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| 9.00 | RC Parish Mass |
| 9.45 | Welcome and Coffee |
| 10.15 | Introduction & teaching by Rev. Ken Boullier |
| 11.00 | Personal Prayer/Guided Prayer |
| 12.30 | Light Lunch |
| 2.00 | Meeting |
| 2.30 | Personal Prayer |
| 3.30 | Review and prayer together |
| 3.45 | Tea |

During the day it is possible to have Spiritual Accompaniment.

There is no charge but a donation towards the cost of food would be appreciated.

Drinks will be provided throughout the day as well as a simple lunch.

Registration: Call or email the Abbey

Telephone: 01503 272 238

email: sclerder@chemin-neuf.org

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